



**IPP**

# **Sentences and CFO**

**How CFO support Imprisonment for Public Protection (IPP)  
participants, including dedicated spaces with positive  
outcomes**

# Working with CFO

HMPPS Creating Future Opportunities (CFO) collaborate with a range of services within custody and the community and ensure the best outcomes for participants accessing the CFO programme.

CFO services are designed to complement services, without duplication, helping IPP participants to navigate their individual experiences. In custody this can include help with preparing for parole hearings, and through-the-gate into the community, reducing reoffence as a result.

CFO offer consistent staffing (in custody and the community) so that IPP participants are able to build relationships and trust to positively impact their rehabilitation journey.



Making a referral to CFO services is simple and easy. Simply go to [\*\*CreatingFutureOpportunities.gov.uk/CFO-Evolution-Referrals\*\*](https://www.creatingfutureopportunities.gov.uk/CFO-Evolution-Referrals) fill out the form, and your referral will be shared with the relevant CFO provider.

Each region has a different CFO Prime Provider, and as a result, services can differ from region-to-region. Should you require further information about the services available in your area please get in contact with your nearest CFO location here:

[\*\*CreatingFutureOpportunities.gov.uk/Contact\*\*](https://www.creatingfutureopportunities.gov.uk/Contact)



# Community Living Unit



The Community Living Unit (CLU) is a specialist CFO Wing at HMP High Down for prisoners serving life and IPP sentences, including those on recall, who may benefit from a safe space with tailored programmes and additional personalised support.

With a welcoming environment and culture, participants can engage with accredited training, motivation and confidence building, cooking, gardening, and additional family visits.

There are two phases to the CFO programme at the CLU, with Phase 1 being classroom-based and covering topics including financial skills and personal wellbeing. Phase 2 focusses on giving back to the community (both inside and outside HMP High Down) and can involve creating items such as mud kitchens, maintaining gardens and raising money for charitable causes through activities.

The CLU also aims to help participants to become release-ready through independent living skills. Those on the wing cook together, maintain a garden and work on everyday skills.

Participants are given a voice, and opportunity to shape what they would like to see on the CLU. Being heard, and seeing delivery shaped by their own words, can be rewarding for IPP participants, helping to reduce feelings of being forgotten and encouraging the drive and resilience to succeed.

Robert\* has been engaging with the CFO programme at the CLU and said: *"It makes you feel like you're part of something, that actually a lot of care goes into this. To me that was special."* This was echoed by Sullivan\* who said: *"It's made me build better relationships with officers and the way that the staff hear you, you have a voice with them and it's good that I feel heard and listened to. The football that we do, the cooking, the family days everything is very positive."*





Consistent staffing has been key to success on the CLU and has ensured that matters are dealt with effectively. Behaviour changes can be identified at the earliest opportunity (avoiding escalation) and staff/prisoner relationships can be a key focus for better risk management.

The goal is for these staff members to deliver activities that create a custodial experience which has a positive impact on parole hearings, helping to rehabilitate IPP participants and preparing them for returning to the community, ultimately helping to reduce reoffence.

One of these successful activities for participants has been Family Days. Many participants living on the CLU have not seen their families in an incredibly long time, and feedback was positive as Gary\*, who took part in the day, said afterwards: *"I left feeling slightly emotional and felt a sense of normality for the first time in years. It was lovely, I felt as though my good behaviour had finally paid off."*

IPP participants can be referred to the Community Living Unit via:  
**[CreatingFutureOpportunities.gov.uk/](https://www.gov.uk/creating-future-opportunities)**  
**CFO-Evolution-Referrals**

***"You have a voice with them and it's good that I feel heard and listened to."***



# Parole Hearing



Staff have found that the parole board and COMs (Community Offender Managers) have been impressed by the CLU participants' progression. Particularly regarding social integration and regular staff contact, as they can have a better picture of participants based on information from CLU staff that regularly engage participants.

Take Samuel\* for example, he was feeling helpless having been recalled to custody. To help support his IPP status he was referred to the CLU – the environment gave him the motivation to make positive change, and he began taking part in the programme.

He engaged well with reading and writing sessions, which in turn boosted his confidence. Throughout he would showcase better motivation, communication and goal setting. Meanwhile, his Support Worker referred him to HMP High Down's Substance Misuse Team for specialist support with his addiction challenges.

Thanks to this support and the positive changes made, Samuel\* would sit his parole and was granted recategorisation to a Cat D establishment, leaving HMP High Down clean, and with skills that would serve him well for the future. The parole board commented on his positive changes thanks to engagement with the CLU.

Looking forward to his future, Samuel\* said: *"I can't wait to give life in the community another go. With the help I have received I feel more ready to tackle life outside and I'm determined to stay substance free and not come back. I'm glad I had help from the girls on the CLU."*

Following release, support for IPP participants can continue from CFO Support Workers, either in CFO Activity Hubs or via wider community delivery. You can make a referral to CFO in custody or the community by visiting:

**[CreatingFutureOpportunities.gov.uk/CFO-Evolution-Referrals](https://www.creatingfutureopportunities.gov.uk/CFO-Evolution-Referrals)**



# Community Activities



CFO can support IPP participants who have been granted release within the community, either at CFO Activity Hubs, or through wider community delivery.

Having recently been re-released, Scott\* was struggling without a routine and lacked the confidence to seek support. He was referred to the CFO Activity Hub in Peterborough and began working on future planning sessions with his Support Worker.

Trusting that the support would have a positive impact on him, Scott\* engaged in confidence building, teamwork sessions and independent living. With his confidence boosted, he was able to start working on employability too. With his Support Worker, he completed sessions to update his CV and learn about disclosure before looking at appropriate job opportunities.

Having begun to settle well in the community following his IPP sentence, Scott\* said: *"If I could describe my Support Worker in one word, it would be 'inspirational'. She has supported me and so many others and genuinely inspires people to want to change their life. The Hub has been amazing support for me and I am very grateful."*



# How to refer

CFO accept referrals for participants in custody and the community, from a diverse range of stakeholders.

Making a referral to CFO services is simple and easy. Go to **[CreatingFutureOpportunities.gov.uk/CFO-Evolution-Referrals](https://creatingfutureopportunities.gov.uk/CFO-Evolution-Referrals)** fill out the form, and your referral will be shared with the relevant CFO provider.

CFO services are complementary to mainstream provisions, providing wraparound support tailored to each participant's rehabilitation journey and avoiding any duplication of services. CFO activities regularly help participants to engage with mainstream services, and reduce reoffending.

Each region has a different CFO Prime Provider, and as a result, services can differ from region-to-region. Should you require further information about the services available in your area please get in contact with your nearest CFO location here:

**[CreatingFutureOpportunities.gov.uk/Contact](https://creatingfutureopportunities.gov.uk/Contact)**



The CFO Evolution programme is funded by HMPPS CFO. For more information about CFO services, please visit:

**[CreatingFutureOpportunities.gov.uk](https://creatingfutureopportunities.gov.uk)**

\*Names have been changed throughout to avoid disclosure of identity

